



INDIAN MEDICAL ASSOCIATION^{*1}

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Indian Medical Association (IMA) is a well established pan-India voluntary organization of modern medicine doctors. It has a membership of 2.5 lacs doctors spread over 1,650 branches in almost all the districts of India. IMA is reaching to approximately 35 crores of people every month and ensuring affordable & quality treatment.

IMA born in 1928 mainly out of the burning need to organize the medical professionals of the time for the national freedom struggle, IMA eventually reached an agreement with the British Medical Association, which had opened a few branches in India to cater to the local needs, that they will have no branch in India and got mutually affiliated. This relationship continues till today. This was as a result of the select few stalwarts of the medical professionals in the country at that time.

In the year 1946, IMA was one of the founder constituent members of the world body, World Medical Association (WMA). IMA has been and continues to play an important role in the deliberations of WMA. In 1966, we hosted the III World Conference on Medical Education under the joint auspices of WMA and IMA followed by the WMA General Assembly in 2009 in the national capital.

Vision of Leaders of IMA

IMA work started from where we left last year. The new team of office bearers took over the office with new vigor and dedication. We thank all the National leaders and Past National Presidents of IMA for their advices and guidance offered to us. Our National President, Dr. Jitendra B. Patel gave a clarion call along with the Hony. Secretary General, Dr. Narendra Saini promising “Affordability, Accessibility-quality healthcare

for all.” We have strived hard and taken effective steps to involve IMA State/Local Branches, Government Authorities, other National Medical Specialist Organizations, National and International Agencies, Media and Residents’ Welfare Associations etc. as partners in Healthcare. Various MoUs have been entered to this effect during this year with many stakeholders for the benefit of the society. We have requested our state leaders and opinion leaders to create awareness of these projects and take effective steps for implementation.

To make IMA “Vibrant, many programmes have been started by IMA this year for the benefits of its members, like:

Academic activities of IMA and its wings

IMA College of General Practitioners (IMA CGP), an academic wings of IMA for General Practitioners. Following are courses started by IMA CGP:

1. Fellowship Course on Cancer Palliative Medicine
2. International Post Graduate Paediatric Certificate Course
3. P.G. Course in Emergency Medicine
4. P.G. Course in Family Medicine
5. Fellowship Course in Diabetology
6. Fellowship Course in Nephrology
7. Fellowship Course in Echocardiography
8. Fellowship Course in Practical Oncology
9. Fellowship Course in Sexual Medicine
10. Fellowship Course in Practical Endocrinology

Recently on 16th August, 2014 IMA College organized World Congress of Family Medicine, WONCA South Asia Region at Chennai, India. Convergence of lot of ideas, innovations, and experiences in the conference would take family doctor practice to a new height. We are

^{*1} This article is base on a presentation made as the Report of Activities by each NMA at the 29th CMAAO General Assembly and 50th Council Meeting, Manila, the Philippines, on September 24-26, 2014.

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very happy to inform you that every SAR country & every state of India was represented was represented.

IMA Academy of Medical Specialities (IMA AMS), the Specialists' wing of IMA, publishes its Annual publication, the Annals of IMA AMS every year, which is an important publication for specialists. Moreover, the following courses are being organized by this Wing:

- Infertility
- Fluorescein Angiography
- Laser Photocoagulation in Retinal, Excimer, Laser & Lasik Surgery
- Phacoemulsification
- Training in Laparoscopic Surgery, Noninvasive Cardiology, Echocardiography, TMT, etc.,
- Critical Care in Cardiology, Advance Microear Surgery
- Functional Endoscopic Sinus
- Laser in ENT
- Tricho-Bronchial. Rhinoplasty Joint Replacement
- Orthoscopic
- Spine Surgery

IMA AKN Sinha Institute of IMA, the wing of IMA involved in Distance Learning Courses, is organising a large number of Distance Learning Certificate courses for the members of IMA e.g.

- Family Planning
- HIV/AIDS & STDs Management
- Lactation Management
- Geriatrics Medicine
- Torture Medicine
- Environment & Occupational Health
- Adolescent Health
- Tuberculosis & Chest Diseases
- Paediatrics
- Reproductive & Child Health
- Medical Negligence & C.P.A.
- Psychiatry & Psychosexual Medicine
- Clinical Cardiology
- Clinical Diabetes
- Rheumatology

IMA Medico Legal Helpline: IMA have signed an MoU with Institute of Medicine & Law. For that IMA has created a separate email ID (imamedicolegalcases@gmail.com). All IMA members are requested to register by providing one mobile number along with their IMA membership number and email address on the above said email. The registration is free for IMA Members. After verification by IMA Office their

name will be forwarded to the Medico Legal Helpline. Once their name will be registered, they will get confirmation through SMS's and then they can avail the services of Medico Legal Helpline.

IMA & NIPCCD, organized a one-day Workshop on POCSO Act & Rules, 2012 for Medical Professionals on Sunday, 18 May, 2014 in NIPCCD, New Delhi. The main objectives of the

programme was to: enhance the knowledge of the medical professionals about salient features of POCSO Act, 2012; develop an understanding of their role in implementation of the Act; and discuss with them about medical and forensic services in order to investigate sexual offences.

Symposium on Child Protection and Child Rights: IMA organized 28th CMAAO Congress & 49th CMAAO Council Meet at New Delhi on September 12-14, 2013. The participants included representative from CMAAO Countries and also from government, non-governmental organizations, networks and institutions, including professionals from all sectors and disciplines working on this issue. The theme of the conference was **“Be Human-Stop Child Abuse.”** In this regard a symposium on Child Abuse was also organized during this conference. CMAAO Conference outcome document “Resolution on Child Abuse” was prepared and released. At the conclusion of the conference, the delegates pledged “the resolve to stand against the neglect and abuse of children and to strive for achievement of child rights and the building of a caring community for every child, free of violence and discrimination.”

Symposium on Child Sexual Abuse-Prevention & Response: Further to take this issue, recently UNICEF and the IMA recently organized a Symposium on Child Sexual Abuse-Prevention & Response held on 7th June, 2014 at Stein auditorium, India Habitat Center, Lodhi Estate, and New Delhi. The symposium enhanced the understanding and awareness of the medical sector and allied professionals to how to response to sexually abuse children. Besides Delhi State holding working on this issue were also invited. During this symposium a booklet on “Child Sexual Abuse” was released which provided key information on how medical professionals can prevent, detect and respond to child sexual abuse. The IMA is committed to the principles of protecting UN child rights, prevention and

management of child sexual abuse in all settings in India.

For implementation of IMA ambitious project “**Child Sexual Abuse-Prevention & Response**” in various parts of the country, the State/local branches of IMA have been requested to take up this project in various districts and under developed areas in their jurisdiction, so that the movement against child abuse can be spread in the entire country.

Health Agenda: Health is one of the most important aspects of any progressive community. IMA’s motto is “Affordable & Accessible Quality Health for All.” We are carrying out all steps to ensure success in achieving our aim. IMA had prepared its Health Agenda and we had circulated the same to all the political parties.

Ebola Virus Disease: World Health Organization (WHO) has declared Ebola Virus Disease outbreak as public health emergency” and called for a global health alert in all countries which has a mortality of around 60%. The Ebola virus is dangerous and can spread easily through bodily secretions. Right now there is no threat to India but more than 45,000 Indian Origin people are working in West African Countries. Many people also visiting these countries for business purposes. Because of migration of people there is always a chance of this disease entering in our country at any time. Ebola Virus being a new disease, there is a need to apprise our doctors and citizen of this country about this disease and to prepare guidelines. In this regard IMA has constituted an advisory committee.

Rational use of antibiotics: Development of resistance to antimicrobial agents and increase of cost in healthcare as the result of unnecessary and inappropriate use of antibiotics has become a global problem. Therefore, there is a need to develop a strategy for rational use of antibiotics. In this regard IMA, in collaboration with Indian Academy of Pediatrics (IAP) organized first Advisory Committee Meeting on Rational Antibiotic Practices (RAP) on 5th August, 2014 at IMA House, New Delhi, in which it was decided to develop module for family physicians. Every hospital should have antibiotic policy. Training of Trainers (TOT) Workshops are planned for sensitizing the health professionals for proper usage of antibiotic. Public awareness campaign is also being initiated on rational use of antibiotics. A campaign has been started on IMA website

asking member to register and take oath for stopping the misuse of antibiotics.

Disaster Management Wing: Last year, India witnessed one of the worst natural disasters in hilly terrains of Devbhoomi i.e. the State of Uttarakhand. Many houses & human lives were taken away due to huge landslides as a result of cloud bursts during the Monsoon season. A large number of pilgrims and local residents were buried alive or were left stranded with no food or shelter. IMA members reached the disaster hit areas before any other help could reach there and started providing medical relief immediately to the survivors. IMA started rehabilitation work in Kedar Valley, one of the worst hit areas and constructed a well equipped New Health Centre. The Disaster Management Wing is functioning effectively and efficiently at various places.

Aao Gaon Chalen Program: IMA prepared the road map to conduct the Aao Gaon Chalen project at all levels. Under this project our main aim will be to look after the village population as reformist, as social worker, as a preventive health care provider. Our suggestion is to run this projects on following line:

1. social structure—
 - 1) safe drinking water
 - 2) safe sanitation
 - 3) hand washing & hygiene
2. literacy—we can help in giving basic education
3. Health—
 - 1) immunization
 - 2) anemia detection
 - 3) deworming of children
 - 4) Medical Melas—Health Check-up Camp

On these lines all local branches are working in adopted villages/slums areas where health services are not easily available. State and local branches join hands with other NGOs who are working on such project. School health is also being taken care of under this project.

Vector Borne Disease Program: It is a well known fact that the Vector Borne Disease like Malaria, Dengue, Chickungunya and Kalah Azar poses immense public health concern and continue to be major causes of significant morbidity and mortality in the country. These disease are prevalent both in rural and urban areas mostly among lower socio-economic groups of the population, the marginalized and disadvantaged members of the society.

IMA has taken up a responsibility to reduce the deaths due to Malaria, Dengue, Chikungunya, Kala Azar and other Vector Borne Diseases. The branches of IMA have taken up this project in their area and State Headquarters is coordinating for effective and meaningful results. IMA in collaboration with National Institute of Malaria Research Department and other inter-sectoral partners is committed to contribute its role in Control of vector borne diseases by strategically addressing the problem through conducting Training of Trainers (TOT) workshops in various parts of the country. We are confident that capacity building of medical professionals is an important component for such diseases. Training of family physicians in private sector is important so as to equip them to take up the challenge to control this menace by adequately treating patients in the out patient's clinics in urban as well as rural area. Though, it is herculean and challenging task. IMA is committed to approach the problem more aggressively & vigorously in all states.

Voluntary Blood Donation Camps: The Doctors Day is celebrated on the Date of Birth of **Dr. Bidhan Chandra Roy** (1 July 1882-1 July 1962) viz: 1st July every year. He was a highly respected physician & a renowned freedom fighter & a great social worker. He was awarded "Bharat Ratna" (India's highest civilian honor.) in 1961. On this occasion, we decided to organize blood donation camps throughout the country with the help of 1,700 local branches.

Before the event to motivate our membership we send mailers and visited number of state branches for the same. We also went in partnership with NACO for their help in arranging camps and for proper storage of collected blood in blood banks. On regular basis we send SMS and emails to our branches to know the progress of camps. Guideline on IEC material and full details about preparation before and during Voluntary Blood Donation camp were prepared and circulated to our membership. I am pleased to inform you, we were able to collect 26,927 of blood units with the help of our state/local branches. The basic aim of this exercise was to wipe off the scarcity of blood by creating awareness among general public, motivating them to donate voluntary blood as this is the best charity a human being can do to another and in no way

it harm the donor.

Healthy Doctor Healthy Patient: While we take care of the health of our patients day-in and day-out, we seldom take care of our own health. Even World Medical Council has shown concern about the health of medical professionals because of constant stress. Life-style diseases among the doctors are increasingly taking their toll in the form of premature death or disability. IMA organized various camps to screen doctors for some basic life-style parameters.

IMA GFATM-RNTCP Project: IMA in collaboration with the Revised National Tuberculosis Control Program (RNTCP), is running a public-private partnership (PPM) project. Under this project IMA has facilitated in sensitizing 92,700 & training 15,730 private practitioners under RNTCP & ISTC (international standards of TB care).

In addition 4,174 DOT centers are opened by IMA through these trained practitioners. Further in lieu of the TB notification order by the govt. IMA facilitated the notification of 34,919 cases (since Feb 2014-June 2014) through its members.

IMA Paramedical Courses: Different short term and Govt. sponsored certificate courses are conducting by the IMA. We are also running the following paramedical courses in this wing:

- Medical Laboratory Technology
- Radiology
- O.T. Technology
- Medical Record Technology Cardiac Technology

All these courses have a tremendous future and will help the paramedical staff to get more jobs in various healthcare sectors and will also meet the challenges and shortage of qualified technicians. MoU has been signed between IMA, New Delhi and Society for the School of Medical Technology (SSMT), Kolkata for starting certificate courses in lab technology. Dr. Chandrima Bhattacharya, Minister of Health & Family Welfare Department, Govt. of West Bengal inaugurated these vocational courses.

A new paramedical course—Diploma in **Dialysis Technician** has been introduced by IMA H.Qrs., New Delhi.

Our Motto:

"Affordability, Accessibility and Quality Healthcare for All. Together we always achieve more."

 **INDIAN MEDICAL ASSOCIATION
- COUNTRY REPORT** 

 

DR. JITENDRA B. PATEL
National President
2014
INDIAN MEDICAL ASSOCIATION
HEADQUARTERS, NEW DELHI

DR. NARENDRA SAINI
Hony. Secretary General
2013-14
INDIAN MEDICAL ASSOCIATION
HEADQUARTERS, NEW DELHI

INDIAN MEDICAL ASSOCIATION

- Born in 1928.
- Founder constituent member of World Medical Association in 1946
- IMA has a membership of 2.5 lacs doctors spread over 1650 branches in almost all the districts of India as on today.

**BUILDING PARTNERSHIPS
IN HEALTH CARE**


INDIAN MEDICAL ASSOCIATION
ESTD 1928
BUILDING PARTNERSHIPS IN HEALTH CARE

EFFECTIVE FUNCTIONING OF IMA

- “Affordability, Accessibility-quality healthcare for all”
- Various MoUs have been entered to this effect during this year with Government, NGOs & other organizations for the benefit of the society.

**ACADEMIC ACTIVITIES OF IMA
AND ITS WINGS**

- IMA College of General Practitioners.
- IMA Academy of Medical Specialities.
- IMA AKN Sinha Institute of IMA.

**MEDICAL STUDENTS AND YOUNG
DOCTORS NETWORKING**

- IMA Medical Students Wing.
- Young Doctors -membership Drive

MEDICO LEGAL HELPLINE

IMA signed an MOU with Institute of Medicine & Law. For that IMA has created a separate email ID imamedicolegalcases@gmail.com All IMA members are requested to register. The registration is free for IMA Members, then they can avail the services of Medico Legal Helpline.

IMA ACTIVITIES ON CHILD HEALTH

- Workshop in collaboration with NIPCCD, on POCSO Act & Rules for Medical Professionals
- Symposium on Child Protection & Child Right & the theme of the Symposium was "Be Human-Stop Child Abuse" during CMAAO Conference last year
- Symposium in collaboration with UNICEF on Child Sexual Abuse-Prevention & Response
- Regional TOTs and Regional Workshop in collaboration with UNICEF.

ACTIVITIES ON RATIONAL USE OF DRUGS

- Training of Trainers(TOT) Workshops for sensitizing the health professionals for proper usage of antibiotic and public awareness campaign is also being initiated on rational use of antibiotics.
- Oath for rational use of antibiotics
- A booklet on Rational Use of Drugs
- TOTs on Ebola Virus Disease
- TOT on Vector Borne Disease

BLOOD DONATION CAMPS

- Conducted Voluntary Blood Donation Camps on a single day throughout the country on the occasion of the Doctors Day
- Total Blood units collected-

IMA GFATM-RNTCP PROJECT

- Sensitized- 92700
- private practitioners trained- 15730
- Notification -
- DOT Centers- 4174
- PHI-

IMA PARAMEDICAL COURSES

Paramedical courses :

- Medical Laboratory Technology
- Radiology
- O.T. Technology
- Medical Record Technology Cardiac Technology
- Certificate Course in Lab Technology with School of Medical Technology (SSMT), Kolkata.
- New paramedical course-Diploma in Dialysis Technician.

ACTION TAKEN ON ATTACK ON DOCTORS

- Hospital Protection Act
- Atrocities on Kanpur Medical Students:- IMA Protest- All India Bandh

ACTIONS INITIATED

- Against Clinical Establishment Act
- Consumer Protection Act- Asking for Medical Tribunal.
- Anti-quackery Act - Demanded at National level.

DISASTER MANAGEMENT

- Worst natural disasters in hilly terrains in the state of Uttrakhand.
- IMA Members reached the disaster hit areas before any other help could reach there and started providing medical relief immediately to the survivors.
- Started rehabilitation work in Kedar Valley, the worst hit areas and constructed well equipped New Health Centre.

MEMBERS BENEFIT SCHEMES

- IMA Privilege Card - Subsidized Tickets for Travel, Transport, Hotel Accommodation for our members.
- IMA Family Protection Scheme - Helping the family of deceased Doctors with Rs.15 to 20 Lakhs.
- IMA National Social Security Scheme.
- IMA National Professional Protection Scheme.

DOCTOR - PUBLIC RELATIONSHIP

- Partnership with Media partner- medical professional CME & public awareness program.
- School Adoption Project.
- PPP Clinics (Public Private Partnership Clinics)- Aao Gaon Chalen Project
- Hygiene Awareness Campaign

DOCTOR - PUBLIC RELATIONSHIP (CONT...)

- Care of the Elderly.
- Welcome the Girl Child and Empowerment of Females.
- Tobacco Control & Awareness Campaign
- Polio Eradication.
- Other Govt. Health Schemes.