



NEPAL MEDICAL ASSOCIATION*¹

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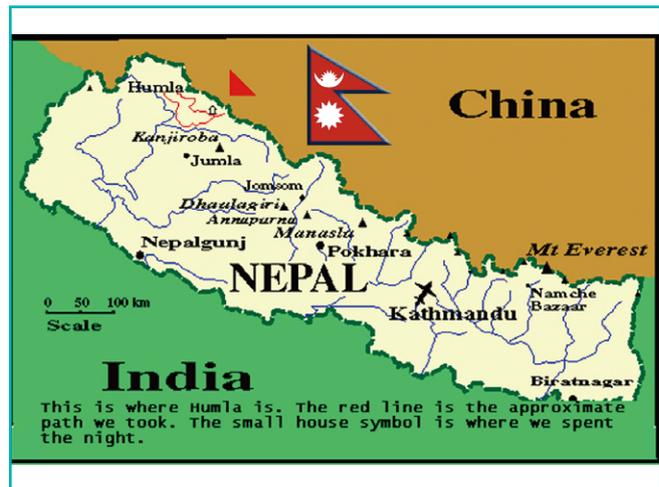
Nepal Medical Association's Profile



Dr. Mukti Ram Shrestha
General Secretary

Dr. Anjani Kumar Jha
President

Nepal Medical Association
Siddhi Sadan, Kathmandu



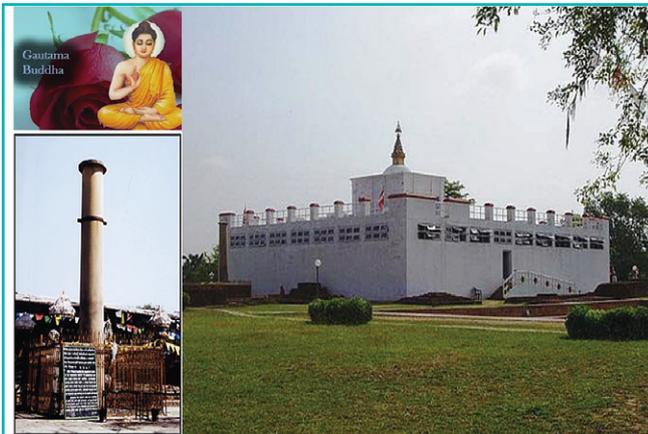
Morning view of Mount Everest

- **Mount Everest** (also known in [Nepal](#) as *Sagarmatha* and in [Tibet](#) as *Qomolangma*) is the [Earth's highest mountain](#). It is located in the [Mahalangur](#) section of the [Himalayas](#). Its peak is 8,848 metres (29,029 ft) above sea level^[1] and is the [5th furthest point from the center of the Earth](#).

*¹ This article is based on a presentation made as the Report of Activities by each NMA at the 29th CMAAO General Assembly and 50th Council Meeting, Manila, the Philippines, on September 24-26, 2014.

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Lumbini, is the birthplace of Buddha in Nepal.

Nepal at a Glance

- Nepal is a landlocked country with India in the southern, eastern, western sides and China in northern sides. Nepal has a great variation in languages, religions, ethnic groups, culture and traditions with a strong unity among these variations.

General Information of Nepal Medical Association:

- It is the oldest professional organization in Nepal. It was established on 1951. The association was started only by 20 doctors.
- There are 30 speciality Societies affiliated with Nepal Medical Association Constitution such as
 - Society of Surgeons of Nepal
 - Society of Internal Medicine of Nepal and so on.

Objectives of the NMA

- The association shall be committed for the unrestrained enjoyment and protection of democracy and human rights derived for the historical democratic movement.
- To protect the justifiable rights, interest and respect of profession.
- To support and extent encourage various training related to medical field conducted by the association as required by the nation.
- To provide service to the nation by enhancing the competence of medical professional.

Objectives.....

- To encourage it members to maintain professional standard, ethics and independence.
- The association shall maintain affiliation with national and international medical association as per necessity.

Implementation of Health Professional Protection ACT 2066

- Nepalese doctors and the health institutions have been facing difficult and unpleasant situations. The moral of the doctors and their health service terms has been degraded because of the growing number of attacks they have been encountering.
- NMA has been trying to draw the attention of the concerned authorities about the trend of rising violence against the health-care providers and to the overall negative impact to the health service. Therefore, recently health professional protect Act is implemented.



Picture 1. Protest against the perpetrators by the health professionals in Kanti Children Hospital Kathmandu, Nepal. 11 September 2011



Picture 2. Infrastructure damage of health set-up by perpetrators



Picture 3. A protest rally organized by health professionals in Tribhuvan University Teaching Hospital, Kathmandu Nepal. 31 March 2010

Activities:

- Journal of Nepal Medical Association is an official publication of NMA since 1963 and indexed in PubMed/MedLine since 2005. JNMA has met the international standard and uplifting academic medicine in Nepal.
- The association has been regularly organizing workshops, seminars and conferences to make the medical professionals fully up-to-date with the advances of medical sciences.

Activities.....

- We have small guest house with the bed number of 12. It is only the use of NMA Life Member who is coming out of valley.
- We have some scholarship program for Under Graduate and Post Graduate Medical students.
- We have some provision to provide scholarship for Life Members (Who is passed away) children.
- We have completed the Digitalization of Journal of Nepal Medical Association (JNMA) since 1963 to till the date.

Some photos of NMA's some Activities



Proposed activities of NMA

1. Evaluate the quality of care for mothers, babies and children in referral hospitals in five regions by comprehensive assessment.
2. Conduct the survey about find out existing situation of medical doctors all over the Nepal.
3. Capacity Building for NMA members.
4. Training for Medical Journal Editors, Author and Peer Reviewer.
5. Workshop for the proper implement of Health Professional Protection Act in the country.

6. Construction of NMA new business complex.



Cont...

7. Conduct a Medical Conference entitled "The Importance of District Coverage and Primary Health Care Services".
8. Medical Waste Management Workshop.
9. Interaction program on the problems and challenges of NMA at 21st Century.
10. Consultative meeting with Editors and Reporters of health desk of National Newspapers.
11. Interaction program on NMC Act and Drug Act amendment.
12. Lobbying for one window system entrance and ceiling of fees for undergraduate and post graduate students.
13. Consultative meeting with concerned authorities for formation of Medical University in Nepal.

**Thank You for
your kind
Attention.**